

CERTIFICATE OF PARTICIPATION

This is to certify that

Mieke Fourie

Has successfully participated & completed the

5km Cowhouse Spring Trail Run 2016

held at Cowhouse Market.

TIME 01:32:26

PACE 18:28/km

GENDER 34 of 39

OVERALL 57 of 64

< 13 6 of 6

29 October 2016, Sat

Date



BoutTime

Signature

